

Cambrian Railway No.7 Aberdovey - Tywyn

Distance: 10 miles Type: Challenging Time: 4 – 7 hours

The Cambrian Railways are a series of leaflets promoting self guided linear walks between railway stations on the Cambrian network. These have been developed to promote car-free accessible walks in the Mid Wales area that really make the most of the wonderful, varied scenery and wildlife this unique part of the world has to offer.



No.7 Aberdovey – Tywyn

The route begins in Aberdovey, which boasts manicured gardens, pastel coloured terraces a proud maritime history and is home to the first outward bound centre, opened in 1941! Legend has it that it was the fault of a drunken dam keeper, Seithennin, who left his gate open that led to the flooding of Cante'r Gwaelod' (the 'Lowland Hundred') making Aberdovey a seaside town and inspiring the famous Welsh folk song about the submerged 'Bells of Aberdovey'! There are some spectacular views on this route including Cardigan Bay, the Dovey and Happy Valleys and the hills and mountains towards Cadair Idris. This is a walk with a feeling of wilderness especially near the summit of Bryn Dinas. You return to civilisation at Tywyn – the ancient standing stone at Croes Faen is said to protect the town and its inhabitants from a fiery dragon!

Terrain: Some steep ascents totalling approximately 1700 feet on country lanes, tracks and open hillside and farmland. Always keep dogs on leads. Sections of the route can be wet underfoot.

Refreshments: A choice of cafes, shops, pubs and takeaways at both Aberdovey and Tywyn – including, on your right as you enter Tywyn, the Halo Foods Factory Shop with the famous Honey Ice-cream. There are no outlets offering refreshments en-route so it is necessary to take sufficient 'fuel' with you for the challenging 10 mile route.

Special Feature: Approximately 1.3 miles of the route towards the end (between approximately 8.2 miles and 9.5 miles) is adjacent to the Talyllyn Railway. When trains are running it is possible to cut short the walk and travel back in style into Tywyn.

For further information on...

Public Transport: 0871 200 22 33 www.traveline.org.uk

The Cambrian Railways: www.thecambrianline.co.uk

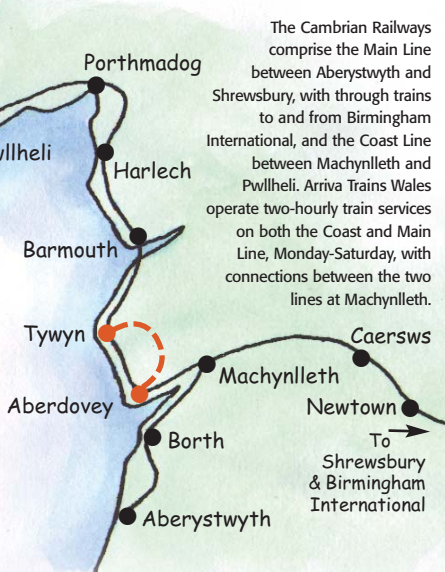
The area: Barmouth Tourist Information Centre
01341 280 787 www.gwynedd.gov.uk

Aberdovey Tourist Information Centre (seasonal)
01654 767 321 www.eyri-npa.co.uk

Talyllyn Railway 01654 710 472 www.talyllyn.co.uk

Accommodation: To look and book in advance visit www.visitmidwales.co.uk or telephone 0870 080 3436

The Cambrian Railways comprise the Main Line between Aberystwyth and Shrewsbury, with through trains to and from Birmingham International, and the Coast Line between Machynlleth and Pwllheli. Arriva Trains Wales operate two-hourly train services on both the Coast and Main Line, Monday-Saturday, with connections between the two lines at Machynlleth.



Things to remember when walking the Cambrian Trailways:

1. Wear appropriate clothing and footwear.
2. Take spare clothing - the weather in Mid Wales can change quickly!
3. Take plenty of food and water.
4. Tell someone where you're going, along which route and when you expect to return.
5. Don't rely on a mobile phone as many areas in Mid Wales have a poor or no signal reception.
6. Always obey the Countryside Code and leave nothing but footprints!

Disclaimer: The routes promoted in the Cambrian Trailways are along recognised public rights of way. The Cambrian Railways Partnership accepts no liability for injuries sustained or damage caused in undertaking the walks. It is the responsibility of those partaking in the walks to make sure that they are adequately prepared to do so before setting out.

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